

Lutheran Homes of South Carolina Foundation, Inc.

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# Who are the Heroes?

**Making A** 



I do believe we have a new sense of recognition when we see the 'Hero' tagline. Perhaps you think of a first responder, a doctor, nurse or military

service member. Maybe it is a billboard on the highway that pictures a masked healthcare worker asking for help to fight the spread. Or maybe a local radio spot telling us that we too can be a Hero, in doing our part by social distancing and wearing a mask.

Who could have imagined back in the beginning of the year that lock down procedures intended to last maybe a few weeks or more could turn into seven... eight...nine...months and counting? Sure there is some normalcy in life, as long as you continue to take precautions for the safety and the well-being of others and yourself.

In our ministries for older adults,

we've truly had to make the most of very difficult circumstances. In order to protect the most vulnerable, our facilities have been following very strict protocols of mandated masks, bi-weekly COVID testing for employees, restrictive dining practices and mostly no in-person visitation from loved ones. Essentially a ministry that is built upon care, love and hands on social interaction has been put on lockdown from March until now.

We have so many things for which to be thankful. All of our ministries across the state are providing top notch care. We are protecting the vulnerable, and beating down the virus each and every day. But the cost is so much...and while it would be easy to reflect upon the financial costs and burdens, the reality is the cost of the social and emotional well-being of our residents who have borne the brunt of the devastating impacts of depression, isolation and limited interaction.

So while I believe our staff are heroes for all the tremendous work they

accomplish each and every day, I instead propose to you that our residents and patients are the Real Heroes. They are the ones who struggle with limited interaction without family. They are the hospice patients in their last days having to be distanced from others. They are all the older adults and families we serve who in reality want nothing more than to hold onto all their loved ones here, now, and in every moment. These are the True Heroes.

While we are truly thankful for the progresses made during these pandemic times, the need for your support and generosity remains great. So thank you for your continued prayers and gifts, because with your help we can walk through these difficult times together and navigate these storms to calmer waters.

Ernest L. Beck, MAR, CFRE President and CEO



## **Financial Report Points of Success**



In the fiscal year that ended September 30, 2020, 1674 individual donors and organizations contributed \$741,667 to the Foundation to support the ministries of Lutheran Homes. These gifts along with income from endowments made it possible for the Foundation to provide a total of \$1,840,977 program service revenue to the ministries of Lutheran Homes of South Carolina. This support included spending \$585,128 to subsidize the care of 39 residents, Lutheran Hospice patients and BeWell Home Services clients, funding \$907,742 of capital purchases and providing \$348,107 for program enhancements, operational grants and transfers.

#### **Mission Statement**

The mission of Lutheran Homes of South Carolina Foundation is to support the ministry of Lutheran Homes of South Carolina by enabling donors, who care about older adults and hospice patients, to achieve their philanthropic goals and by being a faithful steward of their gifts.

## **Bank Drafts and Credit Card Payments**

The Foundation now accepts onetime and recurring contributions through bank drafts and credit card payments. Please contact Judith Whisman at foundation@lhomes.org or 800.756.9443 for more information.

## Innkeeper Legacy Society

Friends of Lutheran Homes who make us aware of their plans to leave a legacy of care through a will, gift annuity, charitable trust, life insurance policy or retirement plan may remain anonymous or give permission for their names to be included on the roll of the Innkeeper Legacy Society. We are grateful for the following individuals and couples who have made the Foundation aware of their planned gifts:

Mr. & Mrs. Ernest L. Beck The Rev. H. Gene & Frances Beck Mr. & Mrs. Luther C. Boliek Mr. & Mrs. Perry Bouknight Mrs. Kaye Bradley Mr. & Mrs. Mark C. Buchanan Mrs. Raymond S. Caughman The Rev. Dr. & Mrs. Boyd F. Cook The Rev. & Mrs. Robert G. Coon Mr. Charles & Mrs. Joan Cope Mrs. Ann K. Dasher Ms. Kaye D. Derrick Ms. Denise L. Dickinsen

Jim & Jewell Eanes Mr. & Mrs. Curtis Easter The Rev. Dr. Derald & Mrs. Vicky Edwards The Rev. Mary Mappus Finklea Jaime & Karen Fivecoat Ms. Melanie R. Gregg Mr. & Mrs. Edwin B. Hill, Jr. Mr. Parke B. Horton Mrs. Barbara Keil Mrs. Marie Klecklev Mr. & Mrs. Mark H. Lee CDR Steven M. Lofton, USN-Ret Mr. & Mrs. Morris S. Morton



Ms. Dolly Nethercot Mr. Reuben C. Ott Mrs. Betty Park Dr. Donna Millar Potts & **Dr. David Potts** Mr. & Mrs. William T. Ryan, Jr. Mrs. Ned (Mary) Schall Mr. Walter A. Sigman, Jr. Mr. & Mrs. George W. Smyth, Jr. David & Susan Troutman Dr. Sandra S. Watson Mrs. Rosmarie W. Wessinger Mr. & Mrs. Christopher Yetter

Please call the Foundation at 800.756.9443 or use the attached envelope to tell us about your planned gift or receive information about establishing one.

## Charity Navigator Awards Highest Rating for 7th Year

Charity Navigator announced in October that the Lutheran Homes of

South Carolina Foundation has again achieved highest marks with earning a 4-star rating. Congratulations are in order for demonstrating strong financial health and commitment to accountability and transparency. We are proud to



announce a seventh consecutive 4-star rating, indicating that Lutheran Homes of South Carolina Foundation outperforms

most other charities in America. This exceptional designation from Charity

**CHARITY** NAVIGATOR Navigator sets Lutheran Homes of South Carolina Foundation apart and acknowledges our level of commitment to good governance, best practices and accountability. **Charity Navigator** is the largest and most utilized charity evaluator in America helping

donors make intelligent giving decisions by evaluating nearly 1.8 million U.S. nonprofits.

### **Outdoor Visitation**

#### Family visits begin at Franke and LHSC Ministry Sites

I am so proud of our community and how we have managed COVID-19 for the last seven months! The side effects are too numerous to count, but one of the major

concerns has been isolation.

**Our Residents** lives have been turned upside down in so many ways. From staying alone in their room to dine, to cancelation of large group activities, and most of all the lack of family visitation. The "nonmedical" effects of Covid-19 have been incredibly hard to watch. While we have had the pleasure of working with



our Residents every day and hearing about their joys and struggles, the family members have not had this face-to-face interaction. We have utilized ipads, grandpads, and window visits to try and relieve some of the burden, but nothing is the same as seeing your loved one in person! We are incredibly honored to have taken care of our Residents during this unprecedented time, and we are humbled that our family members trust us during these restricted times.

> After so many months of isolation, we finally made it to outdoor visitation! We have anticipated this day for so long and it is finally here. The tents are set up, chairs are 6 feet apart, along with all the hand sanitizer and Clorox wipes we could find. I have had the privilege to supervise these visits and to witness the first reconnections with loved ones. The love and yearning I witnessed during the first days of

visitation were breathtaking. It gives me goose bumps to think about the power of hearing "I love you" sitting in front of your parent, and was reminded of how important family connection is with the repeated "I missed you," being spoken. The residents were so excited! They would come and wait on the porch for



30 minutes just to make sure they were at their visit on time. They were thinking about their outfit and fixing their hair for the first time in a very long time.

Here are some of my favorite resident quotes from the first three days...

## *"Whoever made this happen is a good person."*

# *"So nice to see her. Kind of kicks you in high gear."*

# *"We talk every night but it certainly is not the same as this."*

# *"I can feel my heart go boom, boom, boom, boom, just looking at you."*

Unfortunately, there is another side to the isolation. Some family members witnessed changes both physically and mentally in their loved one and could become overwhelmed at the loss they were seeing. The disease process did not slow down over the last seven months, and there were difficult moments where a Resident did not recognize their daughter anymore, and moments where the Resident was no longer able to verbally communicate as they were before. Some Residents could not understand why their loved one was not hugging or touching them...my heart hurt! I cannot image how a family member felt. When this started, I do not think any one of us could have imagined where we would be today.

I have so much joy watching people reunite and yet there is a sadness for the lost time nobody will get back with their loved ones. We are thrilled to be a step closer in opening our doors to the family members, so we will jump for joy outdoor visitation is happening at Franke. We also pray for the day when our hallways are once again full with loved ones celebrating time together.

Allison Macfie, Franke at Seaside Community Outreach Director

Winter 2020

#### Why?



After retiring from our years of working in our respective careers/ministries and when we moved into our new home, we were thinking that this will probably be our last house in which we will live—our retirement home! But recently we have begun to ask ourselves the questions:

# Where will we live when we can no longer maintain our current living arrangement/ home?

# What if one of us develops a debilitating health issue that requires some kind of managed care?

## What will be our "long range living" arrangement?

For years we have supported Lutheran Homes, Inc. Why? Because Lutheran Homes first and foremost is a ministry of the Church (and yes, it is a business too) but, it is a ministry in which older adults can live in a safe environment that provides dignity and responsible care, is respectful and caring of residents, and encourages a range of stimulating activities in which residents can participate.

In addition, we are fortunate to have Lutheran Homes Foundation of South Carolina that receives and administers all gifts that are made to Lutheran Homes. These gifts make it possible for the Foundation to support the ministries of Lutheran Homes including subsidized care of residents and facilities expansion.

We do not know of any other church denomination in South Carolina that offers such comprehensive continuum of care services and ministries for older adults. We are truly blessed to have this ministry in South Carolina.

The Reverend and Mrs. David A. Donges (David and Carolyn)

## Planned Giving Margaret's Heart



For me planned giving is a journey. I am blessed by my parents Charles and Joan Powell who deeply instilled in me the need for giving back. One was plenty and if we had two, or too much, there definitely was someone else who needed it more. Therefore we were called to

share with others out of our abundance.

Throughout my youth the life lessons continued and my parents showed me that values, trust and care are found in the support of community our extended family circles. Whether that be neighborhood community, church community, camp community or scout community just to name a few. These communities deepen relationships and offer opportunities to have support and care through joys, sorrows and celebrations of life.

During my years of vocation in nonprofit ministry, I have grown to understand how much impact has been given to me by so many wonderful people and by the ministries I have served. The question quickly became, how can I give back? What do we want our legacy to be?

David and I decided years ago to make a planned gift to honor ministries that have deeply impacted us, our children and the lives of those we love.

Our planned gift to Lutheran Homes of SC we reference as "Margaret's heart." Margaret Lineberger Troutman's heart was always thinking of others. She introduced us to LHSC by way of RoseCrest in 2001 when she announced that they were moving for the sole reason of being in community and building relationship so that once she died Bob would have the support of community through the joys and sorrows. You see Margaret had bone cancer and felt she would pre-decease him. This community of support was not only wonderful for both of them, but also for us as well.

Even though giving back and leaving a legacy were our main reasons for our planned gift, my accounting brain certainly kicked in with the type of asset that became this gift. For us, making the LHSC Foundation the beneficiary of an IRA policy became the best option. This maximizes the current tax benefits since the proceeds at our death go directly to the Foundation and would otherwise be heavily taxed if given to family members through the estate. We have designated this gift in honor of our parents and to the benefit of subsidized care through the LHSC Foundation.

Planned Giving options are endless and extremely necessary to the sustainability and long term future of the ministries we support. We at the LHSC Foundation are happy to work with you to honor your intentions and to work with legal and accounting teams to maximize the benefits and legacy you want to leave for the future.

What do you want your legacy to be? Will you join me?

Susan Troutman, Director of Development

### **Grants Continue to Make a Difference**

\$1,500 from the Cook Family Donor Advised Fund by Boyd and Margaret Cook for Subsidized Care.

\$1,000 from the Coastal Community Foundation for Subsidized Care at Franke, granted by Jean and James Rion.

\$5,000 from the Trinity Lutheran Church Foundation for Subsidized Care patients of Lutheran Hospice in the Upstate.

\$3,461 from The Margaret and Julius Burges Endowment at the Coastal Community Foundation granted for Subsidized Care at Franke at Seaside. \$5,000 from the Ernest and Kathryn Troutman Foundation for RoseCrest to construct a stained glass window in an established worship space.

**\$2,407.44** from an Anonymous donor at the **InFaith Community Foundation** for the Heritage at Lowman.

\$3,546.15 from The Lee Richard "Dick" and Helen Stockman Davis Fund at the InFaith Community Foundation for the Heritage at Lowman.

\$929.74 for general support of Lutheran Homes from The Duane and Shirley Munn Player Gemar Fund of the InFaith Community Foundation.

### **Estates and Bequests**

Gifts from estates and other planned giving instruments have played a vital role in the 100-year history of Lutheran Homes and its predecessor ministries. The Foundation has received funds from planned gifts established by the following:

Margaret Dawson Jumper estate made a distribution of \$7,217.88 to benefit Subsidized Care for Lutheran Hospice patients.

Mary Schaeffer established a charitable gift annuity with the ELCA Foundation. Distribution of the remaining proceeds totaled \$15,851 for the benefit of RoseCrest.

#### Lutheran Hospice...Reflections

Last week, after procrastinating for four years, I had my right hip replaced. To my amazement, I was up and walking the next day. In four days I graduated from a walker to a cane, and soon returned to limited duty as a chaplain for Lutheran Hospice.

To many, the idea of hospice seems so terminal but it is not. It is the sacred journey of a person and often their family towards the living Creator from whence they came. I have the privilege along with extraordinary colleagues...nurses, aides, social workers ...of sharing that journey. It is an amazing gift.

There is the gift of listening. People share wonderful stories from their life, rich in detail about a Charleston now long gone. The story of a feisty octogenarian who got married at 17 and her wedding present from her father was a load of stones to build a house that still stands today. The story of a minister who started out in a very conservative denomination but was drawn to champion the rights of those dismissed by his church. The story of a lady who taught surfing well into her eighties. Each of us has such important stories to share and if we do not preserve them they will be lost.

There is the gift of celebrating. Often the elderly move into our area to live with their children as their health declines, leaving behind them their homes, their friends, their churches, their roots. One lady missed the horses she had out west so as a surprise we trailered an enormous steed on her front lawn to have her wheeled outside as a surprise. Or a party for a lady of 105 given by her college alumni association. Or planting a garden outside the window and bringing in a pot of dirt so she could feel again God's earth. When we listen with care, there are so many wonderful experiences we can create and share.

There is the gift of being present even if there is nothing to be said or done. Holding a hand, singing a familiar hymn, offering a prayer... when I was younger I was much too busy to understand the profound joy of these gifts both in the giving and the receiving. And my hip replacement has been a special gift because it has slowed me down so I have walked on my walker with those on their walkers; it has given me the gift of time to share.

We are in the richest period of or lives where we have so much to give to a world hungry for the good news. I am honored to have the opportunity to take part in the ministry of Lutheran Hospice and Lutheran Homes to help serve such a great need, but also to share in the wonderful gifts both given and received.

Fred Baldwin, Lutheran Hospice Chaplain (Lowcountry)



#### **A Statement of Praise**

#### Surely goodness and mercy shall follow me all the days of my life. Psalm 23:6

As I reflect upon this sacred and well loved passage from Psalms, I am reminded that "goodness and mercy" are exactly what the residents at all of our LHSC facilities receive from their compassionate caregivers on a regular basis.

I say this confidently because I have served two terms on the Board of Trustees, currently as Chair of the Program and Planning Committee and previously as Chair of the LHSC Foundation Board of Trustees. This has allowed me the opportunity to visit each of the LHSC campuses. I have also had the privilege of observing the "goodness and mercy" of the LHSC caregivers first hand while my mother was a four-year resident of Trinity on Laurens in Aiken, South Carolina.

The gifts of "goodness and mercy" were bestowed upon my mother, Lena

An additional example I fondly recall of the Trinity staff's gifts of "goodness and mercy" involved a beautiful picture of an American eagle hanging in the community gathering area on my mother's floor. On more than one occasion Mother commented about how much she enjoyed seeing that picture on a daily basis. But then, one day, the picture was gone—replaced by another picture of a landscape scene. Almost immediately, I shared my mother's disappointment about the "replaced" picture with the Director Connie Heinrich. Not surprisingly, not even 24 hours passed before that regal eagle had flown back onto that same spot on the wall where it formerly brought so much delight to my mother.

Another incident I remember which revealed to me how Trinity had so

of LHSC staff to consistently cultivate "a community" of goodness and mercy.

Now more than 13 years after my mother's death, I could not be more satisfied with the choice we made of Trinity for my mother's home. As Mother traveled through the last beautiful chapters of her blessed life of 93 years, I have complete assurance that Mother was surrounded by the "goodness and mercy" of both God and her LHSC caregivers, on a daily basis.

I want to share one final memory of my mother's life at Trinity, as it illustrates so appropriately the appreciation I have for the ministry and the mission of LHSC... On our return to Trinity following a brief hospital stay, the Trinity Staff and residents welcomed my mother "home" with a standing ovation as she exited the elevator onto her residence floor. In



Perkins, the moment she arrived at her new "home". Of course, as is the case with many individuals who make the transition from their personal home to a community home, my mother approached this "new adventure" with fear and trepidation. However, the Trinity staff worked collectively as a joy-filled hospitality team to make my mother feel welcome, helping her decorate her room, meet new friends, and enjoy freshly prepared, delicious meals.

wonderfully become my mother's new home was on a day when we were driving back from a doctor's appointment. As we drove closer to Trinity following that midmorning appointment, I asked my mother if she would like to stop somewhere special for lunch. My mother's matter of fact reply came as follows: "Not this time, thank you. I would like to just go home and have lunch with my friends." It was that "fully contented" response from my mother which revealed to me the efforts reflection upon that joy-filled experience, I want to applaud LHSC, as they continue to practice "goodness and mercy" to all whom they serve. It is my privilege to give both my time and my talents in service to the LHSC Board. And indeed, it is an additional blessing to give my financial treasure in support of LHSC's ministry and mission.

Jewell Perkins Eanes LHSC Board Trustee



## **Resident Generosity**



This year has been a rollercoaster for us all. Many Franke at Seaside residents rang in the New Year at a party overlooking the Ashley River in

Charleston. Just two months later we were learning about a new virus quickly spreading around the world.

The Franke campus was soon placed on lockdown and outside visitors prohibited. Anxieties were heightened as the residents were asked to change their daily lives and staff adjusted campus life to help keep everyone safe. Social gatherings that were once commonplace became reminiscent days of the past.

#### Windows with heART

One morning in May, I was lamenting about the impact of COVID on our healthcare resident's because their families could not come in to visit. I shared an 'adopt a window' project with my friend and art supporter, Rosie Craig, who has had two generations of family members cared for by the Heritage at Lowman. Rosie was keen to support and pay for the supplies, "I heard the idea and was immediately drawn to assist the Lowman community. Window art is a wonderful way to support our isolated more fragile elders. It's a spiritual outreach to simply connect and remind each other that we are in this together."

Rosie reached out to our mutual artist friend, Flavia Isabella Lovatelli, who appealed to artists that "lonely seniors need joy and we can help." Over two days, more than ten artists donated their time and talents including Michael Krajewski, B.A. Hohman, Frey Mudd, Diko PekdemirLewis, Deb Sonefeld, Tom Chinn, Trahern Cook and Lee Ann Kornegay. Community Outreach Director Beth McLean and resident 'Marty' Carson also participated.

The 25 rooms with new views included flowers, butterflies, a cowboy, a dancer, sailboats and encouraging words. SC ETV filmed the work in progress as part of an artist in COVID time documentary. LeeAnn Kornegay reflected on her time at the window, "There were a few wonderful things about using a paint brush and making something happy. The very BEST part was connecting with the elders behind the windows. What a blessing. I LOVED THIS."

We are grateful for our "Windows with heART"—a healing gift for our residents and artists on both sides of the glass.

#### Denise Dickinsen LHSC Vice President of Planned Growth & Development, Compliance Officer

Eight months later some of the quarantine restrictions have been lifted, and many still remain, but life has gone on. While most of us may not have been struck with COVID, we certainly have all been affected in some way.

Residents have shown their support in various ways during this trial. Many even asking how they might offer assistance to Franke staff. They have shared how thankful they are for the support of staff, for the Life Enrichment activities being offered, and for Sunday Services remaining available online through the efforts of our campus Chaplain. Led by the Active Lifestyle council, residents recently came together to put on an Employee Appreciation Parade. There were uplifting signs, banners, flags, decorated cars and golf carts. What a joy to come together to praise the staff who have gone above and beyond their typical job responsibilities!

In addition to the parade, residents have been generous with their resources by supporting numerous Foundation efforts, and by giving generously to Employee Appreciation funds.

I am thankful for the hard work of the staff at Franke and impressed by the generosity residents have shown towards so many during the ups and downs of this year.

Elliott Williams, CFRE Director of Development





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#### **Purpose Statement**

Making a Difference is an official publication of the Lutheran Homes of South Carolina Foundation, Inc. designed to make donors and friends of Lutheran Homes aware of Foundation developments. Call Judith Whisman at **800.756.9443** or email **foundation@lhomes.org** if you no longer wish to receive this newsletter.

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## **About Us: Foundation Staff**



Ernest Beck, MAR, CFRE President & CEO Ernest has served the Foundation since 2001 and was named the President and CEO in 2017. He graduated from Clemson

University, the Lutheran Theological Southern Seminary, and the National Planned Giving Institute. He is active in the Association of Lutheran Development Executives and the Partnership for Philanthropic Planning.



#### DeeDee White, CPA Sec./Treas. & CFO

DeeDee is a graduate of Converse College where she received a BA in Accounting and Political Science. She served as controller for

Lutheran Homes of SC from 2001 – 2004 and remained on staff in various roles prior to joining the Foundation in 2013. DeeDee is a certified public accountant (CPA) in the state of SC and a member of the South Carolina Association of CPA's.



Susan Troutman Director of Development Susan is a Presbyterian College graduate. Prior to joining the Foundation in 2017, Susan served 16 years

as a non-profit executive. She served on the Mission Investment Fund of the ELCA Board of Trustees, as Chair, and on the Lutheran Outdoor Ministries Board of Trustees.



Elliott Williams, CFRE Director of Development

Elliott is a graduate of Appalachian State University and earned a BS in Psychology. Prior to joining the

Foundation in 2018, Elliott served as a Senior Development Officer for five years. Elliott and his wife Kristen live in the Charleston area, along with their daughter Piper and son Everett.



#### Judith Whisman Donor Relations Coordinator

Prior to joining the Foundation in 2019, Judith was an Affiliate and Events Coordinator at the South Carolina

Chamber of Commerce. She and her husband have four children and are fervently involved in their family ministry.



#### Lynn Brown Donor Relations Assistant

Lynn is a graduate of Coker College. Prior to joining the Foundation in September of 2007, she was the Office

manager at Trinity Lutheran Church in Greenville where she worked for 19 years and continues to be actively involved.





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